

## Swallowing or chewing problems

Difficulty swallowing or a feeling of something in the throat. A sore or ulcer in the mouth that lasts longer than 3 weeks.

## Cough or hoarse voice

A cough or hoarse voice that does not get better.

## Breathlessness

Feeling out of breath for no reason.

## Breast, chest or nipple changes

Lumps or any changes to the look or feel of your breast, chest, nipple or armpit.

## Stomach and tummy problems

Indigestion or heartburn that happens most days or is very painful. Having a bloated or swollen tummy often or for a long time.

## Bowel changes

Any changes that persist including:

- needing to poo more or less often
- loose poo (diarrhoea)
- blood when you poo.

## Problems peeing

Problems peeing:

- needing to pee suddenly
- pain when you pee
- blood in your pee (urine).

## Pelvic problems

These may include:

- any changes to the vulva or vaginal area
- a swelling or lump on a testicle.

## Changes in weight

This includes losing weight or losing your appetite for no reason.

## Tiredness

Feeling very tired for no reason for a long time.

## Fevers or infections

Fevers or infections that last a long time and keep coming back. Heavy sweating, especially at night.

## Lumps or swellings

Lumps or swelling anywhere in your body that do not get better.

## Sores or ulcers

Sores or ulcers anywhere on your body that do not get better.

## Pain

Unexplained pain that does not get better.

## Bleeding or bruising

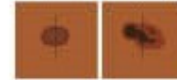
This includes:

- blood in your pee or poo
- blood in your spit or vomit
- bruises when you have not hurt yourself
- heavier periods than usual
- vaginal bleeding between periods, after sex or after the menopause
- blood in your semen.

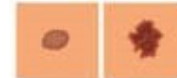
## Skin changes

Including unexplained rashes, or a mole that:

### Normal Irregular



is uneven or irregular in shape



has uneven or bumpy edges



is more than 1 colour



is more than 6mm wide



changes in size, shape or colour, tingles, itches or bleeds, or is crusty.